

CERTIFICATE

OF PARTICIPATION

This is to certify that

LESTER SONEMANN

Has successfully participated & completed the

10kmTRAIL Run Kariega Trail Run 2018

held at Southwell Cricket Field.

TIME 01:45:53

PACE 10:34/km **OVERALL** 81 of 94

29 December 2018, Sat

Date

GENDER 46 of 49

50 - 59 8 of 8



BoutTime

Signature